

Our Vision:

- ◆ **Celebrate Our
Aboriginal Cultures**
- ◆ **Gather Together
And Share**
- ◆ **Respect Our
Diversity**
- ◆ **Build Our
Future**

Early Intervention initiatives funded by
South Region Child & Family Services

Youth Programs funded by South Region
Child & Family Services
Civil Forfeiture Fund - Alberta Government
Medicine Hat Community Foundation

Housing Program funded by
Government of Canada's
Homelessness Partnering Strategy

Miywasin Elders Program funded by
New Horizons for Seniors Program Grant through
Human Resources Development Canada

All programming supported through grants from
Alberta Native Friendship Centres Association
Community Capacity Support Program

Miywasin Friendship Centre (Medicine Hat)

*is a partnership that targets the needs of the
Aboriginal Community in the Medicine Hat
area and develops and maintains services
to meet those needs.*

For more information, please contact:

Miywasin Friendship Centre: 403-526-0756
403-504-4064 (fx)

Métis Nation Local '8': 403-504-4060

Métis Urban Housing: 403-504-4062

Métis Trading Company: 403-526-0756

Miywasin Aboriginal
Women's Society (MAWS): 403-526-0756

Drop by in person to:

Miywasin Friendship Centre
517 3rd Street SE
Medicine Hat, AB
T1A 0H2

Visit our Website: <http://www.miywasin.ab.ca>



***An Aboriginal Service
Delivery Centre
Serving Medicine Hat
and Area***

Miywasin (pronounced 'mēē ääh sin')
is a Cree word meaning
"It is Good"

Our Services:

COUNSELING PROGRAM

- ◆ Individual and family counseling
- ◆ Client Advocacy
- ◆ Referrals to other agencies
- ◆ Client support services
- ◆ Referrals and access to Tribal Elders
- ◆ Access to traditional healing Ceremonies and Healing Retreats & Sweats
- ◆ Income Tax filing

HOUSING PROGRAM

- ◆ Clients at risk of becoming homeless have access to housing supports after completion of intake and assessment
- ◆ Individual and Family Counseling Services and referrals
- ◆ Assistance and referrals for job finding and resume preparation services
- ◆ Assistance with finding immediate and long term housing
- ◆ Access to low income Bachelor and one Bedroom apartment suites and four bedroom family house
- ◆ Referrals and assistance with applying for Aboriginal Family Housing and Aboriginal Seniors Housing

YOUTH PROGRAM

- ◆ Promotes healthy active living; cultural awareness & appreciation; and racial harmony
- ◆ Youth Kitchen - instruction in budgeting, food preparation and food safety
- ◆ Life Skills & Economic Development
- ◆ Tutoring services, Computers and Internet Access
- ◆ Coordinated volunteer activities
- ◆ Sports and recreation activities
- ◆ Field trips, culture camps, eco tours

CULTURAL PROGRAM

- ◆ Cultural Interpretation of artifacts and displays, on and off site
- ◆ Instruction in making Native crafts
- ◆ Fiddle and Jigging lessons
- ◆ Tipi Raising demonstrations
- ◆ Access to Native Resources Library
- ◆ Culture Camps and Voyageur Canoe Trips available through pre-bookings
- ◆ Annual Round Dance and Demonstration Powwow
- ◆ 'The Hills are Alive' annual Music and Dance Cultural Fest
- ◆ Aboriginal Awareness Training Workshops
- ◆ Summer BBQ's, Monthly Potlucks and Games Night
- ◆ Camp Miywasin bookings, days camps, overnight camps In Elkwater

ELDERS PROGRAM

- ◆ Elders Lounge every Friday, hot meal served at noon, music and games
- ◆ Seniors resources and assistance with filling out forms and applications
- ◆ Coordinated activities, field trips and cultural events, yoga classes
- ◆ Aboriginal Elders Council
- ◆ Volunteering opportunities
- ◆ Workshops, Training, Conferences

COMPUTER ACCESS PROGRAM

- ◆ Computer and Internet available for public access

Other Services Available:

- ◆ Métis Genealogy Resources
- ◆ Applications and assistance in applying for Métis and First Nations status
- ◆ Diabetes Awareness workshops
- ◆ Referrals to Career Counseling, Job Finding, Labour Market training, and Education funding services

For more information on these and other services provided, contact:

Jeannette Hansen, Executive Director
@ 403- 526-0756